

Jessica S. Guilfoyle, M.S., LMFT, PMH-C, CCTP, CGCS

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Experienced higher **Education, Supervision and Psychotherapy** professional with solid expertise in a variety of settings. Recognized for the ability to apply varied modalities to enhance student performance in the classroom, including initiating interactive discussions, and utilizing technology applications, and in the counseling office by creating a safe place where clients can explore, process, and discover by utilizing evidence-based approaches. Extensive knowledge of college program development, supervision, practicum placement, BBS requirements, and counseling. Energetic, reliable self-starter with superior time management, organizational skills, and a commitment to ongoing professional and personal development. Therapy specialties include infertility, perinatal mental health, trauma, grief, life transitions, self-harm and expertise include addiction and career development. Comprehensive understanding of utilization and teaching several modalities and evidence-based approaches.

EDUCATION

Ph.D in Psychology and Counseling, Regent University, Virginia Beach, VA
Anticipated Graduation Fall 2022

M.S., Clinical Psychology, Vanguard University, Costa Mesa, CA
August 2010-May 2013

B.A., Psychology, Vanguard University, Costa Mesa, CA
Summa Cum Laude
January 2009- August 2010

A.A, General, Saddleback College, Mission Viejo, CA
August 2000-December 2009

PROFESSIONAL LICENSE

Licensed Marriage and Family Therapist, CA, LMFT 90326

Licensed Marriage and Family Therapist, CO, LMFT 0001732

Licensed Marriage and Family Therapist, OR, LMFT T1666

Licensed Marriage and Family Therapist, NV 2701-R

Licensed Marriage and Family Therapist, AZ, LMFT 15435

Licensed Marriage and Family Therapist, TX, LMFT 203705

Licensed Marriage and Family Therapist, ID, LMFT 8221

Licensed Marriage and Family Therapist, AK, 176254

Licensed Marriage and Family Therapist, PA, MF001286

Licensed Marriage and Family Therapist, MT, BBH-LMFT-LIC-50337

Licensed Marriage and Family Therapist, WV, 19

Licensed Marriage and Family Therapist, VA, 0717001844

Perinatal Mental Health Certified, PSI5259

Certified Clinical Trauma Professional, CCTP 285-4388

Certified Grief Counseling Specialist, CGCS 285-4389

American Association of Suicidology- Crisis Worker Certified

AAMFT Approved Supervisor

CAMFT Approved Supervisor

American Association of Marriage and Family Therapist (AAMFT) 195334

California Association of Marriage and Family Therapist (CAMFT) 102787

National Provider Identification (NPI) 1629631262

CAQH Provider 14472259

CPH & Associate Policy # E90840

TEACHING EXPERIENCE

CalSouthern University, Costa Mesa, CA
Adjunct Faculty Mentor

10/2019 – Present

Teaching of Masters level courses in the Graduate program. Knowledge and experience in creating curriculum, course content, and syllabi's. Management of online course management system. Mentor students through the course content and provide feedback that encourages a deeper understanding of course content and learning of the material.

Practicum, Online (Graduate), 12/2019 – Present

- Provide training therapists instruction assistance in their practicum sites.
- Provide feedback to students on their clinical presentation in the training program.
- Assess students' mastery of basic therapeutic skills and determine whether students have met criteria to progress clinically in the program.
- Provide feedback to students of their clinical skills and help them explore the therapeutic process.

Psychopathology, Online (Graduate), 12/2019 – Present

- Provide instruction and feedback to students on the integrated approach to the diagnosis, assessment and treatment of mental disorders.
- The emphasis is on building clinical skills in problem formulation and crisis intervention consistent with the DSM-5.
- The course also covers psychopathology from a neuroscientific, biological and sociocultural perspective.
- Exploration of evidence-based interventions are explored from psychodynamic, cognitive, behavioral, humanistic and other current modalities.

Dual Diagnosis, Online (Graduate), 12/2019 – Present

- Provide instruction and feedback on a holistic and integrative approach to working with individuals with co-occurring disorders is presented in this advanced course.
- Emphasis is on the assessment, intervention, and treatment of substance-related with co-occurring psychiatric disorders.
- Recovery, support and relapse prevention are also covered with consideration given to cultural diversity issues and special populations including adolescents and older adults.

Brandman University, Irvine, CA
Adjunct Faculty

07/2019 – Present

Teaching of Masters level courses in the Graduate Arts and Sciences program. Knowledge and experience in creating curriculum, course content, and syllabi's. Management of online course management system. Develop culturally relevant course content, culturally responsive pedagogical techniques, and effective practices for engaging a diverse student population.

Advancement, Online (Graduate), 9/2019 – Present

- Provide training therapists feedback on clinical case presentation.
- Assess students' mastery of basic therapeutic skills and determine whether students have met criteria to progress clinically in the program.

Practicum, Online (Graduate), 9/2019 – Present

- Provide training therapists instruction assistance in their practicum sites.
- Provide feedback to students on their clinical presentation in the training program.
- Assess students' mastery of basic therapeutic skills and determine whether students have met criteria to progress clinically in the program.
- Provide feedback to students of their clinical skills and help them explore the therapeutic process.

TEACHING EXPERIENCE CONTINUED

Vanguard University of Southern California, Costa Mesa, CA
Adjunct Faculty

05/2015 – Present

Teaching of Masters level courses in the Graduate Clinical Psychology program. Knowledge and experience in creating curriculum, course content, syllabi's, and Student Learning Outcomes. Management of online course management system. Develop culturally relevant course content, culturally responsive pedagogical techniques, and effective practices for engaging a diverse student population.

Psychosocial Stressors (Graduate), 1/2020 - Present

- Provide MFT training an introduction to psychosocial stressors.
- Educate on topics included death, dying, grief, loss, aging, server mental illness, perinatal mental health.
- Teach examination of current theoretical and clinical approaches regarding the etiology, diagnosis, treatment in regards to psychosocial stressors and examine cultural effects.
- Use didactic, reflective and interactive activities as well as multimedia approaches to instruction.

Clinical Foundations (Graduate), 8/2019 - Present

- Provide MFT training therapists instruction in Client-Centered & Emotion-Focused Therapy as well as feedback on their clinical skills with their first volunteer client.
- Review of session clips and provide clinical feedback to students on their first clinical presentation in the training program.
- Assess students' mastery of basic therapeutic skills and determine whether students have met criteria to progress clinically in the program.

Psychotherapy and Diversity (Graduate), 05/2019 - Present

- MFT training therapists introduced to concepts of White privilege and diversity to increase their sensitivity in treating clients of various backgrounds.
- Diversity in a cultural context is focused on, while other aspects of diversity, such as sex, gender, sexual orientation and socioeconomic status, are also considered.
- Didactic, reflective and interactive activities as well as multimedia approaches to instruction used.

Clinical Foundation II (Graduate), 01/2018 - Present

- Provide MFT students additional training in: clinical skills, psychopathology, diagnosis, legal and ethical issues, treatment planning, case conceptualization, and report writing.
- Assess written case formulations and treatment plans, observing video clips of sessions and providing feedback regarding clinical skills.
- Facilitate group discussion, providing feedback regarding clinical sills, and assisting students in using countertransference as clinical data.

Clinical and Professional Development (Graduate), 08/2017 - Present

- Provide MFT students additional training in: clinical skills, psychopathology, diagnosis, legal and ethical issues, treatment planning, case conceptualization, and report writing.
- Assess written case formulations and treatment plans, observing video clips of sessions and providing feedback regarding clinical skills.
- Facilitate group discussion, providing feedback regarding clinical sills, and assisting students in using countertransference as clinical data.

Case Conceptualization (Graduate), 08/2017-Present

- Provide group case conceptualization for six MFT students.
- Observe students giving formal presentations of clients' psychosocial histories, diagnoses, and demeanor and show video clips of sessions.
- Coach students discussing legal and ethical concerns arising in the cases as well as the process of treatment and countertransference experiences.
- Facilitate group discussion, provide instruction regarding foundational therapeutic concepts, providing feedback regarding clinical and conceptualization skills, and assisting students in using countertransference as clinical data.

TEACHING EXPERIENCE CONTINUED

Addictive Behaviors (Graduate), 01/2016-Present

- MFT training therapists introduced to concepts of addictive behaviors.
- Teach examination of current theoretical and clinical approaches regarding the etiology, diagnosis, treatment, and prevention of the spectrum of addictive behaviors, with an emphasis on alcohol and substance abuse.
- Explore other addictive behaviors including, but not limited to, eating disorders, sexual addiction, self-harm, and gambling.
- Use didactic, reflective and interactive activities as well as multimedia approaches to instruction.

Career Development (Graduate), 05/2015-Present

- MFT training therapists introduced to the study of current theories and processes regarding career development including decision-making models including interrelationships between work, family and other factors, and multicultural considerations in career development.
- Application made to clinical practice including how to assess interest and ability and how to access occupational, educational, and professional resources.
- Teach students to incorporate career counseling processes, techniques, and resources in practice through the application of and strategic counseling skills.
- Emphasize own career and how to advance useful networking, marketing, and other essential skills in developing own career.

Vanguard University of Southern California, Costa Mesa, CA

Teaching Assistant

Clinical Foundations (Graduate), 09/2013 - 12/2013

- Assisted with online class management system, grading, updating lectures, and distributing and grading assignments.
- Provided support to professor and assisted in aspects of teaching MFT training therapist's instruction in Client-Centered & Emotion-Focused Therapy to ensure that the students have a clear understanding of the material presented.
- Helped in making sure that the professors were prepared and organized to teach the material.

Current Psychotherapy Topics-DSM-5 (Graduate), 09/2013 - 12/2013

- Provided support to professor and assisted in aspects of teaching the DSM-5 diagnosis and information regarding the prevalence, etiology, symptoms and associated features, and treatment for all diagnostic categories.
- Helped in making sure that the professors were prepared and organized to teach the material.
- Assisted with online class management system, maintaining grades, updating lectures, and distributing and grading assignments.

Orange Lutheran High School, Orange, CA

2/2014 - 05/2014

AP Psychology Long Term Substitute Teacher

- Developed lesson plans and course lectures to educate and prepare students for the AP Psychology exam.
- Administered test's that reflected students understanding of course material.
- Graded assignments with constructive feedback to help student gain a better understand of the material.
- Managed online class management system, maintaining grades, updating lectures, and distributing assignments.
- Created a safe place for students to talk about faith, psychology, and personal journey's.

PROFESSIONAL EXPERIENCE

Palm Beach University, Remote, CA

09/2020 - Present

Consultant/Program Development

Creating Master's and Doctoral programs for 2021-2022.

- Develop program requirements and courses for Master's and Doctoral programs.
- Create course descriptions.
- Participate in university curriculum initiatives.
- Develop curriculum for Master's and Doctoral program to meet Program Learning Outcomes and Student Learning Outcomes.
- Understand and evaluate program to ensure they meet academic and accreditation standards.

Meru Health, Remote, CA

11/2019 - Present

Licensed Marriage and Family Therapist

Remote therapy platform, that allows for empowering client's with a scalable and effective treatment solution. The 12-week mobile treatment program includes mindfulness and CBT practices, HRV Biofeedback, sleep medicine, nutritional psychiatry, and daily therapist support on weekdays.

- Maintain confidentiality and uphold legal and ethical standards.
- Provide individual counseling to clients through Meru app.
- Conduct intake's with new client's beginning the Meru program.
- Create and maintain weekly progress notes and treatment plans for clients.
- Attend weekly consultation team meeting to discuss clinical cases and treatment goals.

Tell Me Your Dream (TMYD), Costa Mesa, CA

7/2019 - Present

Consultant

Work in organizations with employees through the TMYD curriculum. The TMYD curriculum is developed to empower employees and increase productivity within organizations.

- Establish relationship with individuals to in a safe and caring environment
- Guide individuals through an exploration of their self, help individuals to discover their dreams and come up with a plan to achieve them.
- Attend monthly meetings to hear achievements of those who have completed the TMYD program.
- Empower individuals to work through fears and move forward in their dreams.
- Increase organization's productivity and employee engagement.

Authenticity Counseling Services, Dana Point, CA

11/2015 - Present

Licensed Marriage and Family Therapist and Clinical Supervisor

Private practice with adolescents, adults, & family's. Narrative, Cognitive Behavioral, Psychodynamic, Mindfulness therapy utilized, with infertility, perinatal, career, life transitions, grief, and trauma as specialties and addiction and career as expertize.

- Provide individual and family psychotherapy for clients with diverse backgrounds.
- Provide individual and couples telehealth psychotherapy therapy for clients through Employee Assistance Programs (EAP).
- Create a safe space where authenticity is promoted to establish a therapeutic relationship.
- Use of Evidence Based Treatments to provide effective treatment in the therapy setting.
- Maintain confidentiality and uphold legal and ethical standards.
- Manage billing and collection of client payments.
- Create and maintain confidential weekly progress notes and treatment plans for clients.
- Onboarding of clinical team.
- Creation of curriculum program for conjunction resources for clients.
- Supervise MFT Associates and PCC Associates, running supervision, clinical consultation, review of notes, provide insight on cases, educate on ethics.
- Establish and run all aspects of a Private Practice.
- Create and maintain relationships within the community.
- Present to community and companies on various topics.

PROFESSIONAL EXPERIENCE CONTINUED

Testimony Life Resources

6/2013 – 11/2019

Individual, Group, and Family Psychotherapist

Individual counseling for adolescents, young adults and families.

- Maintain confidentiality and uphold legal and ethical standards.
- Provide educational, career, and personal counseling to client's.
- Lead weekly therapy groups; educating, guiding, and interacting with clients in an open environment.
- Create and maintain weekly progress notes and treatment plans for clients.
- Attend weekly multidisciplinary treatment team meeting to discuss clinical cases and client treatment goals.

Vanguard University. Costa Mesa, CA

1/2013 – 09/2018

Program Coordinator

Responsible for the Graduate Program in Clinical Psychology assisting faculty, staff, and students.

- Supervised 5 to 10 student workers each semester.
- Assisted in organizing, planning, and leading the Graduate Psychology Informational Meetings and Faculty program meetings to ensure program success.
- Provided direction and assistance to students needed to navigate the university processes.
- Managed the registration process; academic advising, changes to schedules, and student communications.
- Created and maintained course schedules for program.
- Curriculum development, implementation, and evaluation.
- Created and evaluated Program Learning Outcomes and Student Learning Outcomes.
- Managed the admissions and matriculation process and evaluated prospective applicant applications.
- Identified and implemented ways to improve services to students in collaboration with other departments by addressing student success and retention issues.
- Collaborated with the Director and Assistant Director to address student specific issues and/or problems.
- Advised and processed Withdrawal, Leave-of-Absence, and Re-admission applications for students.
- Organized and facilitated Graduate Psychology community activities and events.
- Participated in two-years of service as Student Success and Retention Committee member.

New Day Treatment Center

11/2015 – 05/2018

Individual, Group, and Family Therapist

Residential individual, group, and family therapy for individuals in treatment for drugs and alcohol

- Provided family therapy and individual therapy to clients in residential treatment for drug and alcohol.
- Co-facilitated weekly process group, led weekly mindfulness groups, and led a DBT skills training group.
- Maintained confidentiality and upheld legal and ethical standards.
- Created and maintained weekly progress notes and treatment plans for clients.
- Attended multidisciplinary treatment team meeting to discuss clinical cases and client treatment goals.
- Conducted intakes, responded to on-call crises, and treatment and discharge planning.

PROFESSIONAL EXPERIENCE CONTINUED

Monarch Bay Chiropractic & SC Counseling Office Manager/ Lifestyle Educator

11/2007 – 02/2012

- Worked directly with clients and managing all aspects of the office's.
- Provided support and encouragement to patients while ensuring that the office was running at the highest level of efficiency.
- Met with patients to develop an individualized program for healthy living that promotes optimal mental, physical, and spiritual well-being.
- Managed and trained employees.
- Maintained records, analyzed lab and results, and tracked progress through a series of sessions with patients to ensure they would reach their maximum potential.
- Managed medical billing and accounting.

Nordstrom Assistant Buyer/Retail Sales

10/1999 – 10/2007

- Provided support to vendors, and sales managers with a commitment to excellence.
- Responsibilities included assisting in management of 31-115 sales managers.
- Assisted in purchasing and merchandising of product.
- Conducted training to store managers and sales associates.
- Created and organized daily reports pertaining to all aspects of a buying position, including planning and strategizing.
- Effectively maintained verbal and written communication.
- Duties required attention to detail, excellent time management, strong organizational skills, interpersonal skills and the ability to encourage others.

SUPERVISED CLINICAL PRACTICE

Testimony Life Resources Individual, Group, and Family Intern/Associate Supervisor: Randy Smith

6/2013 – 11/2015

Individual counseling for adolescents, young adults and families.

- Maintain confidentiality and uphold legal and ethical standards.
- Provide educational, career, and personal counseling to client's.
- Attended weekly supervision gaining insight and understanding of psychological approaches and therapeutic process.
- Lead weekly therapy groups; educating, guiding, and interacting with clients in a positive, encouraging, and open environment.
- Create and maintain weekly progress notes and treatment plans for clients.
- Attend weekly multidisciplinary treatment team meeting to discuss clinical cases and client treatment goals.

Tustin Unified School District, Tustin, CA Marriage and Family Therapist Trainee Supervisor: Laura Sewell, LCSW

1/2012 - 2/2014

- Provided individual therapy to elementary school students with diverse backgrounds and issues.
- Facilitated therapeutic groups through a structured curriculum focusing on topics including Bullying, Grief and Loss, Self-image, Self-control, Being a Scholar, Friendship, and Parenting.
- Taught monthly trainings to teachers and staff on various childhood and developmental topics.
- Maintained confidentiality and upheld legal and ethical standards.
- Attended weekly supervision gaining insight and understanding of psychological approaches and therapeutic process.
- Created and maintained weekly progress notes and treatment plans for clients. -

Supervisor: Lesley Davis, Psy. D

- Client-centered- informed brief and long-term therapy in university counseling center.
- Responsible for scheduling appointments, creating and maintaining progress notes and treatment plans.
- Provided individual therapy at a once and twice-weekly basis to college students from the university.
- Led weekly therapy groups including Body Image, Grief and Loss, and Mindfulness.
- Maintained confidentiality and upheld legal and ethical standards.
- Met weekly with a supervisor to gain a deeper insight and understanding of psychological approaches.

VOULENTEER EXPERIENCE

Royal Family Kids Camp (RFK) Camp Counselor

- Mentored and worked with abused and neglected children in the foster care system for the summer.
- Acquired hours of training through Royal Family Kids.

Homes of Hope Counselor

- Created relationships, established rapport, and used active listening.
- Mentored and worked with sexually and physically abused women and their children for the summer.

Students International Counselor

- Built relationships with team members, leaders, and staff of Students International.
- Mentored and worked with abused and neglected children for the summer.

PRESENTATIONS

Seminars conducted for groups, communities, schools and therapy agencies.

Career Preparedness | Networking | Marketing Your Private Practice | Discovering Your Path | Suicide Prevention | Drug and Alcohol Prevention | Social Skills | Building Friendships | Bullying | Parenting: The Up's and the Down's | Mindfulness | Self-Image | Loss of a Loved One and Grief | I am an Adult...Now What? | Life Transitions | Presenting Professional and Educational Presentations | Infertility & Loss | Perinatal Mental Health & PMAD's | How to Cope in Motherhood | Grief & Resilience | Step Up: Assertiveness and Self-Efficacy in the Workplace | Resume Building | Navigating Trauma & Grief | Vicarious Trauma: How to cope |

PROFESSIONAL AFFILIATIONS

Board of Behavioral Sciences (BBS), California,
Licensed Marriage and Family Therapist, LMFT #90326
State Board of Marriage and Family Therapist Examiners Colorado,
Licensed Marriage and Family Therapist, LMFT #0001732
Board of Licensed Professional Counselors and Therapist, Oregon,
Licensed Marriage and Family Therapist, LMFT # T1666
Board of Behavioral Health Examiners, Arizona State,
Licensed Marriage and Family Therapist, LMFT #15435
Board of Examiners for Marriage and Family Therapists & Clinical Professional Counselors, Nevada,
Licensed Marriage and Family Therapist, LMFT #2701-R
Board of Examiners of Marriage and Family Therapists, Texas,
Licensed Marriage and Family Therapist, LMFT #203705
California Association for Licensed Professional Clinical Counselors (CALPCC)
California Association of Marriage and Family Therapists, (CAMFT)
American Association of Marriage and Family Therapist (AMFT)
National Career Development Association (NCDA)
Psy-Chi (National Honor Society in Psychology)
Kaiser Permanente
Spring Health
Espyr Health
Ginger.io
MDLIVE

PROFESSIONAL CONFERENCES, SEMINARS, TRAININGS, AND WEBINARS

Fundamental of Supervision Course
Advanced Clinical Practices for Integrative Treatment of Perinatal Mood & Anxiety Disorders (PMADs)
Maternal Mental Health by PSI and 2020 Moms
Counseling Grief Clients: Functional Interventions for Everyday Use
2-Day Intensive Trauma Treatment Certification Workshop: EMDR, CBT, and Somatic-Based
Interventions to Move Clients from Surviving to Thriving
Telehealth for Mental Health Professionals: 2-Day Training
Bessel van der Kolk, MD, On Global Coronavirus Crisis
Jurisprudence CO & TX
Recovery is Possible: What motivates clients to change? Center for Change
NCDA (National Career Development Association) Career Practitioner Institute Conference, NCDA - Long Beach, CA
West Coast Symposium on Addictive Disorders (WCSAD) Conference, WCSAD - La Quinta, CA
Mental Health Recovery Oriented Care: Operationalizing Recovery Oriented Systems
Mental Health Recovery Oriented Care: Shared Decision Making in Mental Health Care
Recovery Oriented Systems of Care
California Child Abuse and Neglect Reporting Law
Spousal/Partner Abuse Detection and Intervention
Law and professional Ethics
Enhancing Motivation for Change in Substance Use Disorder Treatment
Drugs of Abuse
Alcoholism and Chemical Substance Abuse and Dependency
Mindfulness for Addiction
Supporting Families Impacted by Mental Health, Substance Abuse, and Trauma
National Strategy for Suicide Prevention
Suicide Assessment and Treatment Empirical and Evidence Based Practices
Core Elements in Responding to Mental Health Crisis
Constructive Supervision in Counseling and Psychotherapy

PROFESSIONAL CONFERENCES, SEMINARS, TRAININGS, AND WEBINARS CONTINUED

Supervision Essentials for the Integrative Developmental Model
Ethical Practice of Consulting Psychology
Considerations for the Provision of E-Therapy
Aging and Long Term Care
Using Technology-Based Therapeutic Tools in Behavioral Health Services
Telebehavioral Health- What Every Provider Needs to Know
Telebehavioral Health and the Consumer
Canvas Training
Blackboard Training
Teacher Training
Tell Me Your Dream (TMYD) Training
Law and Ethics: Confidentiality and Ethical Issues Facing Substance Abuse and Mental Health Providers
Personality Disorders: The Challenges of the Hidden Agenda
Elements of Effective and Ineffective Supervision
Child and Adolescents Needs and Strengths (CANS)
Nonviolent Crisis Intervention
Celebrate Everything MFT! OCCAMFT, Costa Mesa, CA
Creating Healthy Organization, Costa Mesa, CA
Suicide Prevention
Applied Suicide Intervention Skills Training (ASIST)
Clinical Supervision and Professional Development
California Association for Licensed Professional Clinical Counselors(CALPCC) Consortium, CALPCC, CA
HIV and AIDS
Law and Ethics
Understanding Addiction: Neurology, Triggers, and Healing, Center for Change
The Curious Observer: The Mindful Path to Working with Countertransference Processes with Eating Disorder Patients, Center for Change
California Association for Licensed Professional Clinical Counselors(CALPCC) Consortium, CALPCC - CA
Evolution of Psychology, Anaheim, CA

PROFESSIONAL GROWTH

300+ hours	Individual Psychotherapy
10+ hours	Group Psychotherapy
30+ hours	Individual Consultation
50+ hours	Group Consultation
30+ hours	Supervision of Supervision

REFERENCES

Jennifer Fee, Psy. D
Vanguard University of Southern California
Director of Graduate Clinical Psychology
55 Fair Drive
Costa Mesa, CA 92626
(714) 619-6455

Jeannie Colvin, M.S., LMFT
Vanguard University of Southern California
Director of Clinical Training in Graduate Clinical Psychology
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(714) 619-6450

Lisa Hann, M.S.
Vanguard University of Southern California
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Laura Sewell, LCSW
Tustin Unified School District
School Counselor and Supervisor of Clinical Training
Tustin, CA
(949) 422-7002